

Lay Counseling Training Course 2015-2016

MODULE I GOD'S EFFECTIVE HELPER

9/8/2015	Session 1 Welcome & Orientation
9/15/2015	Session 2 How Can God Use Me? Part I; Identify Spiritual Gifts
9/22/2015	Session 3 How Can God Use Me? Part II; World View vs. God's View
9/29/2015	Session 4 How Can God Use Me? Part III; Keirsey's 4 Temperaments
10/6/2015	Session 5 Crucial Conversations I
10/13/2015	Session 6 Crucial Conversations Part II
10/20/2015	Session 7 Spiritual Disciplines & the Holy Spirit
10/27/2015	Session 8 Letting Go of the Past / R.E.A.C.H. Forgiveness
11/3/2015	Session 9 Attachment Theory Part I, Love Styles
11/10/2015	Session 10 Attachment Theory Part II, Comfort Circle
11/17/2015	Session 11 Wounded Healer/Boundaries

MODULE II COUNSELING SKILLS

11/24/2015	NO SESSION (Thanksgiving Week)
12/1/2015	Session 12 Counseling Skills Part I ("Listening" Skills)
12/8/2015	Session 13 Counseling Skills Part II (Genograms/Trauma & Loss)
12/15/2015	Session 14 Intervention Strategies
12/22/2015	NO SESSION (Christmas Week)
12/29/2015	NO SESSION (Building Closure)

MODULE III EMERGENT COUNSELING TOPICS

1/5/2016	Session 15 Depression & Anxiety
1/12/2016	Session 16 Addictions (Sexual, Substance and Brain Development)
1/19/2016	Session 17 Codependency
1/26/2016	Session 18 Sexuality, Sexual & Gender Identity
2/2/2016	Session 19 Grief & Loss
2/9/2016	Session 20 Stress & Anger
2/16/2016	NO SESSION (Winter Break)
2/23/2016	Session 21 Pain and Suffering
3/1/2016	Session 22 Abuse
3/8/2016	Session 23 Marriage Recovery & Process Work
3/15/2016	Session 24 Suicide & Homicidal Ideations

MODULE IV PREPARING TO COUNSEL

3/22/2016	Session 25 When to Refer/Making Connections
3/29/2016	Session 26 Crisis Intervention, Procedures and Resources
4/5/2016	Session 27 Ethical and Legal Issues (Dual Relationship)
4/12/2016	Session 28 LC Manual/P&P's/Progress Notes/RoadMap